

Turner Dermatology 940 E. Haverford Road, Suite 100 Bryn Mawr, PA 19010 P: 610.525.3800 F: 610.525.4700 turnerderm.com

#### CARING FOR YOUR WOUND

# **Shave Biopsy Wound Care Instructions**

**Daily** care for your biopsy site is as follows:

- Keep the bandage dry and in place for 24 hours.
- Unless instructed otherwise, remove bandage after 24 hours and cleanse the area with gentle soap and water, and gently pat the wound dry.
- Apply a thin layer of Vaseline, or Aquaphor, <u>OR</u> if prescribed, mupirocin 2% ointment directly onto the biopsy site.
- Apply another bandage to fully cover the wound as long as the wound has any drainage about 5-7 days.

You will receive your results in 7-10 business days and if you do not receive a phone call, please call our office for your results.

### **Suture Wound Care Instructions**

**Daily** care for your surgical sites as follows:

- Keep the pressure dressing dry and in place for 24 hours.
- After 24 hours, remove the bandage, cleanse the area with gentle soap and water, and gently pat the wound dry.
- Apply a thin layer of Vaseline, or Aquaphor, <u>OR</u> if prescribed, mupirocin 2% ointment directly onto the sutures.
- Apply another bandage that will cover the wound and repeat wound care steps daily for 2 weeks.

Return to the office in 2 weeks for suture removal.

# **Electrodesiccation and Curettage (ED&C) Wound Care Instructions**

**Daily** care for your treated wound:

- Remove bandage after 24 hours.
- Cleanse the wound with gentle soap and water and gently pat the wound dry.
- Apply a thin layer of Vaseline, or Aquaphor, <u>OR</u> if prescribed, mupirocin 2% ointment directly onto the wound.
- Cover the wound with a bandage and continue would care for 1-2 weeks.

Healing time depends upon the surface and the site treated on the body; it sometimes takes up to 6-8 weeks. Please call our office with any questions or concerns.



Turner Dermatology 940 E. Haverford Road, Suite 100 Bryn Mawr, PA 19010 P: 610.525.3800 F: 610.525.4700 turnerderm.com

### **Normal expectations:**

- Minor bleeding or oozing of sticky, yellow substance.
- Mild inflammation, swelling, or a pink/red ring around the wound.
- Minor pain (you can take acetaminophen if necessary).

# **Potential Complications:**

- Excessive bleeding
  - -Prevention/Treatment
    - Apply direct firm pressure for 15 minutes, if not resolved after 15 minutes, please contact the office.
    - Unless prescribed by a physician, avoid NSAIDs.
    - Avoid alcoholic beverages for 48 hours.
    - No strenuous activity for 48 hours.
- Infection

### Prevention/Treatment

- Keep the area clean and covered.
  - If you are experiencing any of the following signs or symptoms:

# Please contact the office at 610.525.3800.

- o Pus or drainage.
- o Bad smell coming from the wound.
- o Fever, chills.
- o Hot to touch.
- Redness.
- o Pain or sore to touch.

### Excessive pain, usually sudden onset

- Please contact us immediately.